

### **Book Market & Teacher Appreciation Day**

From October 1st to 12th, it's Children's Book Week, and on Wednesday, October 8th, we'll have our annual Book Market with coffee from Ruud!

Time to dive into the bookshelves with the kids and collect all the books they no longer read! This Wednesday, from 08:30 AM, the school will be open for children to lay down their blanket and display their books... or grab a great or exciting story for just 1 euro per book.

It's also Teacher Appreciation Week, and just like last year, we'll celebrate our teachers during the Book Market on Wednesday, October 8th, with a lovely coffee cart on the schoolyard!

Since the market runs until 09:15 AM and lessons resume at 09:30 AM, teachers will luxuriously have a whole hour to themselves;) — to browse for books or treat themselves to another fancy cup of coffee or tea. So come along with your children and their books, be extra kind to the teachers, and enjoy a cup of coffee together on the schoolyard!

In summary: Wednesday, October 8th — coffee from 08:00, school opens at 08:30

Ground floor: groups 1 to 3

1st floor & gym: groups 4, 5 and 6

2nd floor: groups 7 and 8

Due to the crowd last year (it was *really* busy inside!), we're also using the gym this year, and only one parent per child is allowed inside.

Parents can take turns — we warmly welcome the other parent outside on the schoolyard at the coffee cart with the teachers!

Oh, and don't forget to listen together to the song "AVONTUUR", this year's theme (and <a href="https://example.com/here/s/mere/s/">here's</a> where you can learn the dance moves!)

See you on Wednesday, October 8th! Greetings from the Parent Council







#### Leesfestival



Wanneer: zaterdag 4 oktober

Waar: Apollofirst Theater Apollolaan 123, Amsterdam-Zuid

Hoe laat: 14.30 uur



\* deelname is GRATIS, inschrijven is verplicht!





### **Open Classroom on Wednesdays and Fridays**

Every Wednesday and Friday, parents and guardians are warmly welcome during our open classroom time from 8:30 to 8:45 a.m. You are invited to join your child in the classroom to see what they've been working on, look at their projects, or have a quick chat with the teacher.

A great opportunity to stay involved in your child's school life!

## **Lunch for the Midday Break**

We kindly ask that you provide your child(ren) with a suitable lunch to bring to school each day for the midday break. We have noticed that some children come to school without lunch or with an insufficient meal, which affects their energy levels and concentration in the afternoon. A nutritious lunch not only helps children stay focused, but also supports their overall well-being. A sandwich, a piece of fruit, and something to drink are good examples. We kindly ask that you do not pack sweets or energy drinks.

Thank you very much for your cooperation and continued support.



#### **Interns Have Started!**

We believe it's important to contribute to the education of future teachers. That's why we offer interns the opportunity to develop themselves at our school every year.

This school year, we welcome:

- Frederique in group 1/2D with Astrid
- Lisa in group 3A with Esther
- Romy in group 3B with Kitty
- Marit in group 4A with Jeanine
- Omer in group 6A with Monique
- Evi in group 7B with Aimee

We wish them a wonderful and enriching time at our school!

### **Message from the Parent Council**

At the beginning of October, we will send out an email regarding the voluntary parent contribution. Thanks to your support, we are able to create a pleasant and stimulating school environment. Together with the school, we as parents help organize fun activities such as school trips, the Sinterklaas celebration, the "evening four-day walking event" (avond4daagse), the purchase of library books, and more.

During the information evening in September, we mentioned that the parent contribution will increase from €75 to €80. This is due to rising costs, especially for school trips.

You are always welcome to contribute more if you wish, but please note that the parent contribution is not mandatory. If you have a Stadspas (City Pass), the municipality may be able to contribute on your behalf. For this, please contact Priscilla.

So please keep an eye on your inbox. The email will be sent from no-reply@wiscollect.nl

Kind regards on behalf of the Parent Council,

Dinesh (treasurer, father of Hannah in group 3B)



### The Preschool: A Great Start for Young Children

Did you know that the Dalton School also has a preschool for children aged 2 to 4 years? The preschool is provided by Dynamo and is specially designed to support learning through play in a safe and stimulating environment. Children become familiar with the school routine and develop important skills that help them get off to a good start in group 1.

Come visit us on the Preschool Open Day!

On Wednesday, October 15, the preschool at the Dalton School will open its doors to interested parents between 10:00 AM and 12:00 PM. This is a great opportunity to get a feel for the atmosphere, meet the pedagogical staff from Dynamo, and see what we do with the children.

Do you have or know someone with a child aged 2 to 4 years? Feel free to drop by! Or share this invitation with neighbors, family, or friends in the area. Together, we can help more children get a happy and educational start.

## Staij Theme Year: Fit and Healthy

The theme year *Fit and Healthy* will start on Friday, October 17. On this day, students will have the day off, while all Staij staff members will attend a Staij-wide professional development day.

Health and physical activity are closely linked to overall well-being for both adults and children. With the *Fit and Healthy* theme year, we are launching a movement to help our students build a healthy and happy future. Because let's be honest the statistics around obesity, screen time, and other health-related issues among young people are concerning.

But what does *Fit and Healthy* really mean to us? It's about more than just sports. It's about finding the right balance between rest, movement, and nutrition. That's why, this school year, we will focus on three essential pillars:

- Physical Health: Encouraging movement, sports, and making conscious choices around food and nutrition
- Mental Health: Highlighting the importance of enough sleep, rest, relaxation, and mindfulness
- Social Health: Building strong relationships, fostering connection, and encouraging positive social interaction

Research shows that active students perform better, can concentrate more easily, and feel happier. As a school board, we have a unique opportunity to make a lasting difference by teaching our students healthy habits that can benefit them for life.

This theme year is not a one-time project it marks the beginning of something lasting. That's what this theme demands and deserves. It's a movement we are quite literally setting in motion.



### **BLIJDAG – Amsteldorp Play Park**

As you may have already heard: Speeltuin Amsteldorp has a new name and a new future **BLIJDAG, Amsteldorp Play Park.** 

Everyone finds joy in one of the city's most natural and adventurous playgrounds. Once hidden away on Fizeaustraat, across from the football fields, this unique play and activity space is now fully visible and open for all. With a circular (sustainable) clubhouse, a water feature, and countless play facilities designed for shared play, it's more than just a playground — it's a green, inclusive meeting place for all ages. Join us for the festive public opening on October 11th! The invitation is attached. Would you like to help out as a volunteer on October 11th? That would be amazing! Please contact Roel Simons (Parent Council member and father of Laia from group 5A) at info@roelsimons.nl or send him a message on WhatsApp: 0619644009

Best regards, Roel

